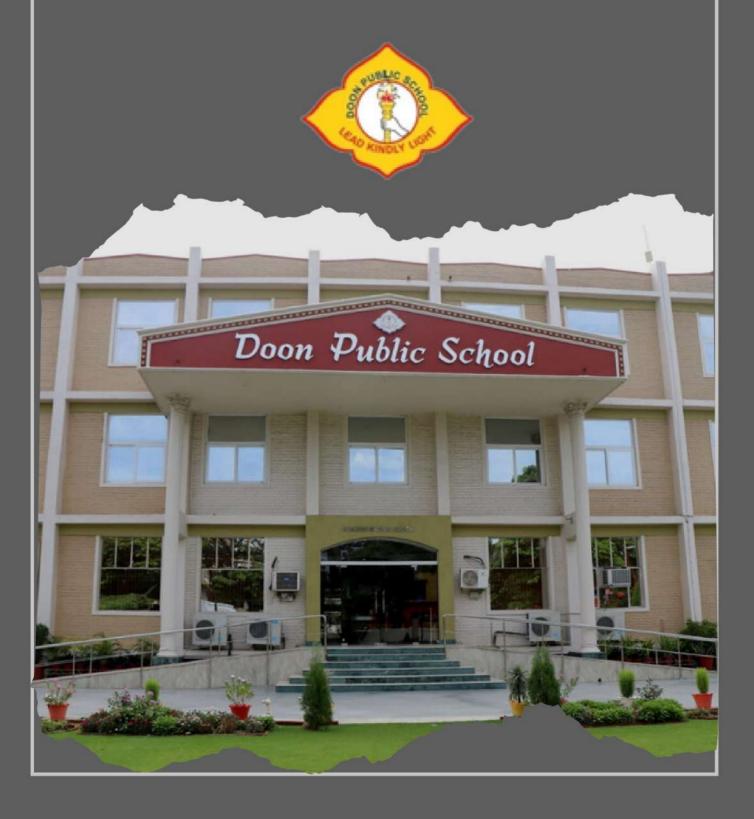
PANORAMA

BI-MONTHLY E-NEWSLETTER VOL. II
JUNE & JULY 2023



REFLECTIONS (



A MOMENT OF PROUD FOR DOON FRATERNITY



An honarary Degree in Doctorate by SSA University, Portland, USA has been conferred upon Director Principal Ma'am, Mrs Sunita Anand. The University has recognised uncommonly meritorious accomplishments and activities of hers both in the academic arena and in broader areas of benefit of society. Her patience, kindness and understanding have helped the institution to grow and succeed by leaps and bounds.

Mrs Sunita Anand has proved her mantle in all the fields of education. She believes that a profession called teaching is the bedrock of our community.







When plastic was first introduced it was a fantastic innovation. For the changing lifestyle they promised convenience and ease, which attracted many to use products made from plastic. One of the essential feature of plastic is that it can be easily modulated into any shape. Also, these materials are very cheap and lightweight compared to their counterparts making them one of men's favourite material for shopping. Today they are choking us with their presence and are proven to cause serious health issues. So, we must limit the use of plastic in our daily life.

Aradhya, Class VI A



A session on cardiopulmonary resuscitation and first aid was organised for the students of Doon Public School on Saturday. The children were told about how to deal with commonly occurring situations in day to day life. They were given handson training in CPR by the team. It was an interactive and educative session which delivered the skills and confidence to use first aid and CPR in real life.







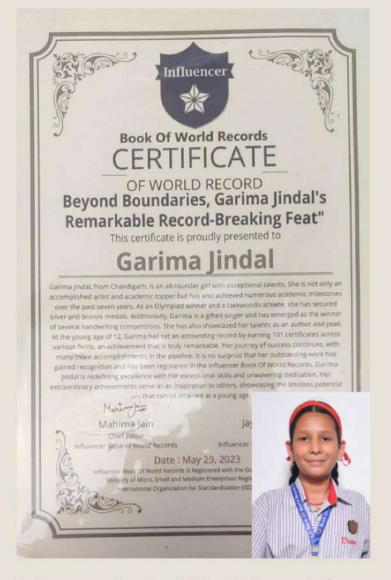
भारतीय सेना के शौर्य और पराक्रम का प्रतीक कारगिल विजय दिवस हर साल २६ जुलाई को मनाया जाता है। साल १९९९ में कारगिल युद्ध में देश के बहादुर जवानो ने पाकिस्तान को धूल छठा दी थी। भारत पाकिस्तान के बीच हुए कारगिल युद्ध का कोड नाम ऑपरेशन विजय था। कारगिल युद्ध जम्मू-कश्मीर के कारगिल जिले में नियंत्रण रेखा पर हुआ, जिसे एलओसी कहते हैं। इस युद्ध के दौरान 527 सैनिकों ने अपने जीवन का बलिदान दिया और 1400 के करीब घायल हुए थे। इस युद्ध के लिए पाकिस्तान ने अपनी सेना को सर्दियों में घुसपैठी बनाकर भेज दिया। जिसका मुख्य उद्देश्य भारतीय सीमा पर तनाव पैदा करना था।



योग एक शारीरिक आयाम है, जिसमें हम अपने मन और इन्द्रियों को एकग्रित करते हैं। यह उत्तर भारत में 5000 साल पहले से चला आ रहा है। योग वैदिक काल से चला आ रहा है, मगर महान संत महर्षि पतंजिल ने इसकी प्रथाओं को अवस्थित किया। अंतर्राष्ट्रीय योग दिवस प्रतिवर्ष 21 जून को मनाया जाता है। यह दिन उत्तरी गोलार्ध में वर्ष का सबसे लम्बा दिन होता है। 11 दिसम्बर 2014 को संयुक्त राष्ट्र के 177 सदस्यों द्वारा 21 जून को 'अंतर्राष्ट्रीय योग दिवस' को मनाने के प्रस्ताव को मंजूरी मिली। योग हमारी सेहत के लिए बेहद फायदेमंद माना जाता है। यही वजह है कि लोग इसे लगातार अपनी दिनचर्या का हिस्सा बना रहे हैं। इसे करने से केवल शारीरिक ही नहीं, बल्कि मानसिक तौर पर भी कई सारे फायदे पहुंचते हैं।

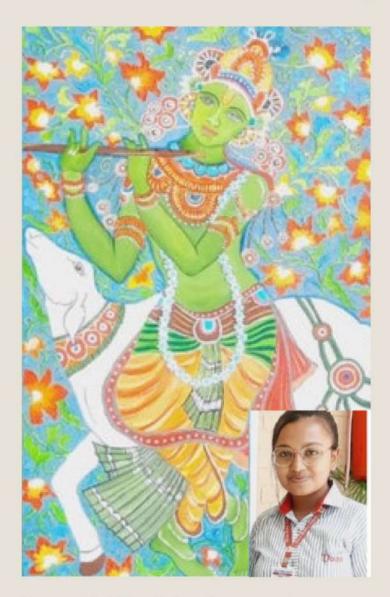






Influencer Book of World Records is an international Book of Records which gives a platform to those who have hidden talent and want to be ahead of others and want their name in the golden pages of history.

Garima Jindal, a proud shinning Starfrom , is an all-rounder girl with exceptional talents. At the young age of 12, Garima has set an astonishing record by earning 101 certificates across various fields. She is a multifaceted child who has excelled not only in academics but also in art, dance, sports, singing and the list goes on.



Doon Public School promotes a holistic development of every child. The school presents every child with the platform to showcase their not only academics, but artistic excellence as well. Doonite Hansika Garg of Class XI C has showcased her creativity on canvas by painting Hindu God, Krishna. The whole process took 30 days. Through her artwork she intended to express her ideas and feelings, in turn, achieving a cathartic release.













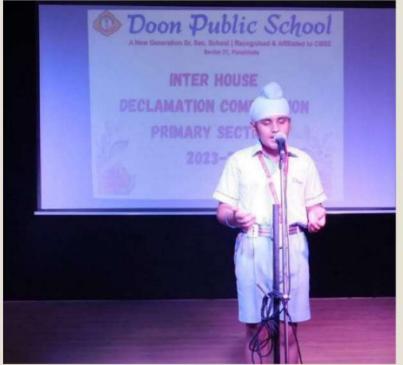










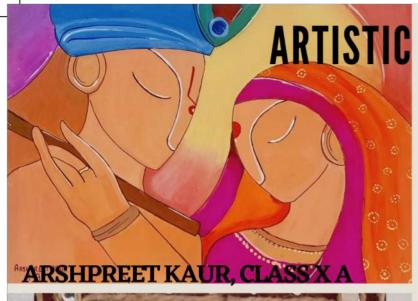


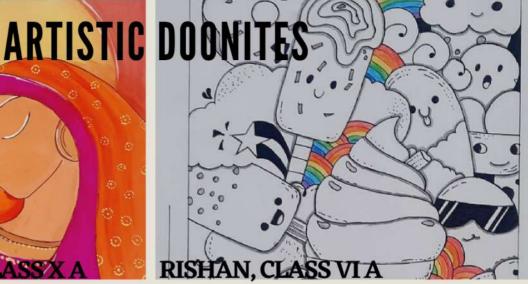






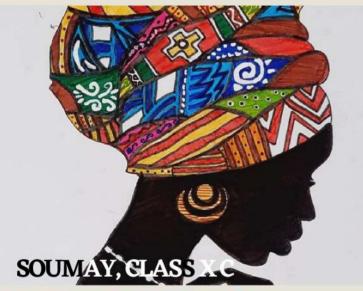


















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A MESSAGE BY

eu sem inte DEAN, CAPT. SANJAY ANAND, SM

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ntes WHEN YOU GET THINGS, AS PER YOUR HEART'S DESIRE,

GO TO THE MIRROR AND TO THE REFLECTION ENQUIRE!

IF HE WILL, YOU HONESTLY ASSESS, WHOSE JUDGEMENT UPON YOU MUST PASS!! THE FELLOW WHOSE VERDICT, COUNTS THE MOST IN YOUR DASH,

IS THE ONE STARING YOU CONSTANTLY, BACK FROM THE GLASS!

IF YOU CAN'T LOOK AT HIM STRAIGHT AWAY IN THE EYE,

FOR HE HAS SEEN YOU IN THE TIMES, WORST GONEBY!!

YOU'D HAVE PASSED THE MOST DIFFICULT TEST,
IF THE REFLECTION IN THE MIRROR IS YOUR
BUDDY THE BEST!

BUT YOUR FINAL REWARD WILL BE HEARTACHES
AND THE TEARS,

JUST IF YOU HAVE CHEATED YOUR TRUE SELF,
REFLECTING IN THE MIRROR!!

Doon Public School

A New Generation Sr. Sec. School | Recognised & Affiliated to CBSE Sector 21, Panchkula



